

## Cycling FAQ's

Q: Who can I contact if I have a question?

A: You can e-mail the Niagara Cycling Tourism centre directly at [sue@niagaracyclingtourism.com](mailto:sue@niagaracyclingtourism.com), or [karine@niagaracyclingtourism.com](mailto:karine@niagaracyclingtourism.com) with any questions you may have about your cycling tour.

Q: Are cyclist's legitimate road users?

A: A cyclist is recognized as an operator of a vehicle, just as a car or truck, under Ontario's Highway Traffic Act (HTA.) As a cyclist you will be required to obey all traffic laws and share the road with other vehicles.

Q: What kinds of riding conditions can I expect?

A: Ontario weather can often be unpredictable. We recommend checking the weather forecast ahead of time for the region you plan on cycling in to avoid disappointment. To check road conditions, Visit the [Niagara Regional Road Projects](#) for updates on construction. For traffic concerns visit [Traveller's Information Services](#).

Q: How can I transport my bicycle if I want to get to another destination?

A: Niagara region offers public transport in each city. Each bus (including the Go Transit system) has bike racks where you can safely secure your bicycle. There are shuttle services also available through Coventry Transportation (905-468-7727) and Central Taxi (905-685-7343) that will transport you and your bicycle upon request.

Q: Is there a place I can rent a bike from if I can't bring my own?

A: There are many bike rental shops across the Niagara Region. We have each shop listed on our website under the "Resources" section. Or Visit [County Cycle](#).

Q: How much does it cost to rent a bike?

A: Cost of a bike rental varies from shop to shop, but on average ranges anywhere from \$20 to \$60.

Q: Is there a guide that can provide a tour, or am I on my own?

A: There are a variety of companies that offer guided bike tours in the Niagara Region. You can find the links to these websites under the "Resources" section of our website. You can choose a tour that suits your liking, from guided winery bike tours to scenic route tours.

Q: Where can I ride?

A: You can ride on all roads except on the highways (QEW and 400 series) or through pedestrian crosswalks.

Q: Where can I find a bike route map?

A: We have posted an online map for each of the routes in our region, as well as a printable version you can print off yourself. The maps can also be found in the tourism visitors center, as well as the bike rental shops.

Q: Can I cycle on the sidewalk?

A: Riding your bicycle on the sidewalk is prohibited if the vehicle has wheels larger than 50cm. Children are permitted to ride their bike along the sidewalk and must be wearing a helmet.

Q: What should I bring when I'm going on a cycling tour?

A: Comfortable, loose fitting or active clothing, and closed toe footwear. Sunscreen/hats/sunglasses are also recommended, as well as a day backpack for your wallet, snacks and other items you may want to bring with you.

Q: Are there any bike maintenance locations?

A: There are many businesses that do have bike maintenance stations. In Jordan at the [Jordan House and Tavern](#) and in Beamsville at [County Cycle](#)

Q: I want to do a winery bike tour. Do I need a guide or can I do a self-guided tour?

A: Niagara is home to some of the most fantastic wineries in the world, so a winery bike tour is a great option that showcases the region. Visit the [Niagara Wine Tours International](#) for information on guided winery tours. There is also a wine route posted on our website, so feel free to be your own guide as you navigate through wine country! Remember that a cyclist has the same responsibility as a motor vehicle, including legal alcohol limitations.



or call 905.562.3636